

**ARE YOU SELF-ISOLATING?
WE ARE HERE TO HELP**

CALL: 0208 559 3903

Coronavirus Support (Monday–Sunday 10am–6pm)

At this difficult time we all need someone to help, but not everyone has that support. Can we be of assistance to you?

We have volunteers waiting to help in these areas:

- Running errands for food shopping**
- Collecting medicine**
- Telephone support if you need to talk or require prayer**
- If you are unwell, we can arrange for a hot meal to be delivered to your door with ample notice**

Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.’ 31 The second is this: ‘Love your neighbor as yourself.’ There is no commandment greater than these.”

– Mark 12:30–31